## FLORIDA DEPARTMENT OF HEALTH IN LAKE COUNTY PROMOTES "WATERPROOF FLORIDA"



A Florida Department of Health Injury Prevention Initiative

## Contact:

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**EUSTIS, FL –** The weather is heating up and for many Floridians this means it's time to cool off in the pool. While a day of playing in the pool can be fun, accidental drowning, injuries and illnesses due to water-related activities increase during this time of year. Waterproof Florida, a Florida Department of Health Injury Prevention Initiative encourages layers of protection that include supervision, barriers and emergency preparedness.

"Water safety is everyone's responsibility and education is the key to prevention "said Aaron Kissler, Administrator of the Florida Department of Health in Lake County. "As a community we need to continue working together to spread the message."

In Lake County, swimming lessons are being offered by the following groups:

- AquaMobile Swim School <a href="http://aquamobileswim.com/">http://aquamobileswim.com/</a> 888-950-SWIM (7496)
- Assured Aquatic <a href="https://www.assuredaquatics.com">www.assuredaquatics.com</a> 352-432-1863
- Eustis Aquatic Center eustisrec.org/pages/aquatics 352-357-3264
- Fruitland Park Recreational Dept. www.fruitlandpark.org/pool.html 352-360-6734
- Golden Triangle YMCA ymcacentralflorida.com 352-343-1144
- Guppieswim School <u>www.guppieswimschool.com/</u> 352-404-6887
- Infant Swimming Resources <u>www.infantswim.com</u>
- Sunsational Swim School <a href="http://www.sunsationalswimschool.com/">http://www.sunsationalswimschool.com/</a> 888-788-2140
- SwimAmerica www.usantc.com/community-programming/ 352-241-7144 ext. 4207
- SwimKids USA <u>www.swimkidsusa.com</u> 352-394-3040
- Swimming for Life www.swimmingforlife.com 407-234-9921

Help spread the word by getting involved and sharing information about pool safety. For more information, and to learn about the layers visit the website at <a href="https://www.waterprooffl.com/index.html">www.waterprooffl.com/index.html</a>

## **About the Florida Department of Health**

The department, nationally accredited by the <u>Public Health Accreditation Board</u>, works to protect, promote and improve the health of all people in Florida through integrated state, county and community efforts.

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